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## HOLIDAY FOOD BASKET PROJECT:

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# VOLUNTEERS NEEDED FOR HOLIDAY FOOD BASKET PROJECT

CONCORD, NH — Individuals, families, and community groups are needed to volunteer with the sorting, packing and distribution of over 65 tons of non-perishable food for the Capital Region Food Program's 2009 Holiday Food Basket Project (HFBP).

For 36 years, the HFBP has provided food to families and individuals for a special holiday meal and an additional 2 to 3 weeks. "This project is truly a community-wide endeavor that works in collaboration and coordination with social service agencies, food pantries, soup kitchens, and school systems to ensure those in need are helped during the holiday season," states Maria Manus Painchaud, chair of the project. In 2008, over 2000 families throughout the Concord and 17 surrounding communities were recipients of food baskets from the Capital Region Food Program.

The organization needs volunteers beginning Wednesday, December 16. Volunteers are also needed to distribute food baskets in Concord and Penacook on Wednesday, December 23. The project is located at the NH Army National Guard Armory on Pembroke Road in Concord,

Volunteers must sign-up by November 30 by emailing crfpholiday@aol.com.

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The Capital Region Food Program, in association with social service agencies, area food pantries, and church groups, has been dedicated to the elimination of hunger in Greater Concord Area since 1974 through distribution of food to individuals and families.

On an annual basis, the CRFP distributes over 100 tons of food through two initiatives. Thirty-five (35) tons of food is distributed through the Year Round Distribution Project which is held eleven times a year. Sixty-five (65) tons of food is distributed through the program's Holiday Food Basket Project, held in partnership with the New Hampshire Army National Guard each December.

