

WHO WE ARE

The Capital Region Food Program (CRFP) is a private, not-for-profit, *all-volunteer* organization whose mission for nearly 40 years has been to help reduce hunger in the Greater Concord Area through distribution of food to individuals and families.

Each year, the CRFP distributes over **110** tons of food in the Greater Concord Area by:

- Securing monetary donations through individual donors, corporations, and grants.
- Soliciting in-kind services from local businesses and the general public.
- Utilizing hundreds of volunteers.
- Collaborating with other community distributions and service agencies.

WHERE WE SERVE

The Capital Region Food Program serves the following 18 communities:

- | | |
|--------------|--------------|
| ▪ Allenstown | ▪ Hopkinton |
| ▪ Boscawen | ▪ Loudon |
| ▪ Bow | ▪ Pembroke |
| ▪ Canterbury | ▪ Penacook |
| ▪ Chichester | ▪ Pittsfield |
| ▪ Concord | ▪ Salisbury |
| ▪ Contoocook | ▪ Suncook |
| ▪ Dunbarton | ▪ Warner |
| ▪ Epsom | ▪ Webster |

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Capital Region Food Program

**Volunteers Working to
Reduce Hunger
Throughout the
Greater Concord Area
Since 1974**



www.capitalregionfoodprogram.org

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PROGRAMS

The Capital Region Food Program is comprised of two major initiatives that aid in feeding economically challenged families and individuals.

Year Round Distribution Project (YRDP)

- Formalized in 1992 to provide monthly supplemental food supplies to area food pantries and social service agencies
- Food donated to partner agencies monthly supplements over 5,500 meals to families in need
- Over 40 tons of food purchased, collected and distributed annually to partner agencies
- Partnerships with Associated Grocers of New England for monthly distribution and U.S. Postal Carriers Association and Granite United Way for May's Stamp Out Hunger!

Holiday Food Basket Project (HFBP)

- Established in 1974 to help those in need during the holiday season
- Partnership with NH Armory National Guard as distribution center since 1983
- Food distributed provides a holiday meal and additional items to supplement meals for 2-3 weeks
- 70 tons of food secured by CRFP funds, as well as community food drives, fill the baskets

HOW YOU CAN HELP

The Capital Region Food Program relies on donations and contributions from generous individuals and businesses to achieve our goal of reducing hunger in the Greater Concord Area.

Financial Support

Since its inception, the CRFP has operated with the commitment that every dollar raised is used for the purchase of food. Contributions are integral to our success.

Your Time

As an all-volunteer organization, we welcome both individuals and groups who can lend their time and/or expertise to the CRFP.

In-Kind Contributions

The CRFP relies on the support of key contributors who have offered their time, services, and/or to financial assistance to help our organization achieve its mission.

Every dollar donated to the CRFP is used exclusively to purchase food for our partner agencies and families and individuals in need.

For more information about the Capital Region Food Program, including services and how to volunteer or donate, please visit our website:

www.capitalregionfoodprogram.org

PARTNER AGENCIES

In both our holiday and year-round efforts, the Capital Region Food Program partners with over 25 agencies in the 18 communities we serve. Every month throughout the year, we purchase supplemental food supplies and distribute them to the following pantries free of charge:

Allenstown Human Services
Belknap / Merrimack CAP
Blueberry Express Day Care
Boscawen Congregational Church Food Pantry
Bow Human Services
CenterPoint Food Pantry
Chichester Food Pantry
Christ the King Food Pantry
Concord Human Services
Epsom Food Pantry
First Congregational Church
Friendly Kitchen
Friends for Forgotten Children
Gospel Light Church of God
Hopkinton Food Pantry
Immaculate Conception Church Food Pantry
Loudon Food Pantry
McKenna House
Merrimack Valley Day Care
Open Door Community Kitchen
Pembroke Welfare
Pittsfield Food Pantry
Salvation Army
St. Paul's Church Food Pantry
Suncook/Allenstown CAP
United Church of Penacook
Warner Community Action Program
Webster Congregational Church Food Pantry
West Congregational Church Food Pantry

For more information on these agencies, please visit our website.