

11 South Main St, Suite 500 Concord, NH 03301

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Contact: Jill Teeters **Public Relations Chair**

603.344.8459

jillteeters@comcast.net

Local Boy Honored for Helping to Feed Families.

Concord, N.H. (May 28, 2013) — On Saturday, June 1, 5-year old Aidan Lamothe will have the chance to do what most little boys only dream about – throwing out the first pitch at a NH Fishercats baseball game.

Lamothe, of Manchester, will be honored as a *Bellwether Community Champion* this weekend for his support of the Capital Region Food Program. This award is presented to individuals who have made a positive impact on the lives of others and their community.

Each year on his birthday, Aidan gives back to others in some way. Instead of birthday presents this year, Aidan asked his friends to donate tuna fish and peanut butter at his party to help the Capital Region Food Program. He collected four boxes of food and presented his donations in person to the agencies they support. Aidan's mom, Jill Teeters, is a volunteer with the Capital Region Food Program and encouraged him to do something to help others as part of his birthday celebration.

As part of the Year-Round Distribution Project, the Capital Region Food Program purchases and donates non-perishable items such as canned fruit and vegetables, peanut butter, breakfast cereal, pasta, and soups eleven times annually to over thirty local agencies, at no cost. Every dollar donated to the organization buys food.

Visit www.capitalregionfoodprogram.org to learn how to organize a food drive, to donate and to volunteer and to find a list of partner agencies supported by their efforts.

To nominate a Bellwether Community Champion, visit www.bccu.org and click on News & Events.

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The Capital Region Food Program (CRFP) is a private, not-for-profit organization whose mission is to help reduce hunger in the Greater Concord area through year-round distribution of food to individuals and families. Since 1974 this has been accomplished by securing financial donations and in-kind services and by coordination, collaboration, and cooperation with other community distribution and service agencies.

The CRFP distributes over 100 tons of food annually through two initiatives. Thirty-five (35) tons of food is distributed through the Year Round Distribution Project which is held eleven times a year. Over sixty-five (65) tons of food is distributed through the program's Holiday Food Basket Project, held in partnership with the New Hampshire National Guard each December